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# **'Til Death Do Us Part: My Life With Multiple Sclerosis**





## Synopsis

Early in the diagnosis of multiple sclerosis, Winifred felt defeated. After numerous hours researching the disease and its symptoms, she began to understand the progression of multiple sclerosis. If she hoped to live a full life with this disease, Winifredââ  $\neg$ â,,¢s attitude toward the condition would need to change. Keeping that in mind, she adapted pieces of her life to enhance her mobility and make her daily life less difficult to navigate. She approaches the subject in a way that makes the reader feel engaged as she is frank about her feelings, the disease that she calls the monster, treatments currently available, and the gaps in the medical care she received. Her research sent her approach to fighting this disease into an entirely different direction. Winifred offers her readers a platform to discuss their own journey with multiple sclerosis by giving them an e-mail address and her contact information for them to be able to reach out to her on Twitter. Knowing that there is currently no cure, Winifred refers to multiple sclerosis as her life partner. Her new outlook in life is inspiring. This is the biggest battle of her life, and Winifred intends to win!

### **Book Information**

Paperback: 122 pages Publisher: AuthorHouse (July 11, 2017) Language: English ISBN-10: 1524698407 ISBN-13: 978-1524698409 Product Dimensions: 6 x 0.3 x 9 inches Shipping Weight: 8.5 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars 4 customer reviews Best Sellers Rank: #849,736 in Books (See Top 100 in Books) #103 inà Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #22003 inà Â Books > Biographies & Memoirs > Memoirs

#### **Customer Reviews**

Winifred Howard took me on her journey, page by page, journal entry by journal entry. I could not put this book down, until I finished every last page. I laughed, I cried! I LOVED, LOVED, LOVED this book! Her clever and witty attitude towards her "monster", aka MS, that overtook her body, life, career, everything that she knew, and ultimately her decision to give up her career that she worked so hard at being the best at. I applaud her in her unwavering faith in God, and her life's mission to research all the available information on the "monster", aka MS. Her resolute attitude with the doctors and standing up for herself, and her body. She certainly gives the reader a heartfelt feeling of her journey's ups and downs with the "monster". I applaud her honesty, and cannot wait to read Book #2.

This book is a must read for anyone with MS or close to someone with MS. It is written in such a manner that by the time you have gotten into the book you feel completely aligned with the author and understand the process & trials of this disease. I could not put it down!

Knowing very little about MS, and knowing a few people with the disease, I ordered this book in hopes that it would give me an understanding of what MS is and how it affects those afflicted. Wow, definitely exceeded my expectations!! I cried and felt such deep empathy for the author, I felt angry at her doctors, and saddened for her and her family. The chapter on journal entries really got to me, knowing this is very real and very much her reality every single day.Highly recommend!!

#### Enjoyed reading this book !

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